

Miiyo Kony bot Joo Gang me Maine

Ma tye ki Lutiino Matiino



onyo goo cim
1-888-644-1130

CradleME Yub me Cwalo Ngec

CradleMe konyo me kubu in ki lumii kony me gang pi in ki latin ni me nono. CradleMe obedo lakup kin dul me lok anqaya mapol.



onyo goo cim
207-287-3991

Yub pa WIC me Lok kum

WIC konyo mon ma gi tye ki ic, joo ma tye ka doto lutiino, ki lutiino ma mwaka gi oo 5, medo ki lutiino ma ki gwoko gi. WIC tye ki kony me cam mabeco ki miiyo cam ma kello yot kom, pwony i kom cam mabeco, kony me doto dot, ki cwalo dano bot dano mukene me nongo kony ma opore.



onyo goo cim
1-888-644-1130

Tic me Yot Kom Pa Lwak

Dul me Maine CDC Public Health Nurses miiyo kony me yot kom i gang bot joo me ot. Mon weng ma ic gi tye ki ma gu nywalo pwod anywala ki lutiino ma ki nywalo ma nyen ki lutiino ma mwaka gi oo dwe 12 gi romo nongo lim ki bot Latic me Yot Kom pa Lwak. Ka l tye ki lapeny ma mako yot komi onyo yot kom pa latin ni, l twero penyo latic ma gwoko lutwo i cawa mo keken kun i goyo cim l namaa me CradleMe.



onyo goo cim
1-888-644-1130

Maine Mom

MaineMOM medo rwom me gwoko mon ma gi tye ki ic ki ma dong gunywalo lutiino ma gi tye ki peko me tic ki yat ma ki lwongo ni opiod ki lutiino gi ki tic ki yadi ma pi opore ki kony me cang. Ngec ma mako kabedo me tic pa MaineMOM ki kit me rwate ki tic ni ki twero nongo tye i MaineMOM.org.

Gwoko Latin ki Cako Tic



Yero nongo kony pi gwok pa latin obi bedo tam acel ma pire tek ma ibi moko. Yub maber miiyo gwok maber ki miiyo kony bot kwan bot latin ni ma pwod tidi, ki Maine tye ki jami ma miite me konyo in!



Yub me Gwoko Latin ma Wel ne dano twero konyo joo mutegi me culu pi gwoko lutino wek lunyodo gubed ki kare me tic, cito i gang kwan, onyo nywake i yub me pwonyo tic. Kony bene tye pi joo me ot ma rwate pi joo ma otegi ma guweko tic gi tye ngat ma twero gwoko latin.



Head Start miiyo pwony ma pe ki culu piire, maber ki cam mabeco, yot kom, yot kom me tam, pwony pa lunyodo/lugwok lutiino, ki kony me nywal bot dano ma rwate ki joo me ot ma tye ki lutiino ma ki nywalo me oo wa i mwaka 5.

onyo goo cim
1-855-797-4357

MaineCare

MaineCare obedo yub me Medicaid pa Maine ki miiyo kony me yot kom labongo cul mo bot ludiito ma cente gi nok, lutiino, mon ma gitye ki ic, dano mutegi, ki dano ma kom gi goro. MaineCare konyi me nongo kony me yot kom ma imiito me gwoko in keni onyo joo gang i. l twero nongo ngec mukene ki coyo nyingi pi yub man me MaineCare ka icito i MyMaineConnection.gov.



onyo goo cim
207-642-7991

CoverME

Gwoko Yot kom pi Maine (CoverME.gov) miyo ngec ma mako yot kom ma pe ki culu ki ma wel ne lapiny pi joo me ot me Maine. In bene ltwero nongo karatac ma nyutu dul ma i gang ma twero konyi me niang kit ma itwero nongo kwede kony ki coyo waraga me penyo tic.



onyo goo cim
1-833-714-7969

Konya me Dongo ki Maine

Kony me Dongo Maine obedo kabedo ma ki yubu me kubbe ki joo me ot ma tye ki lutino ma ki nywalo me oo wa i mwaka aboro, kacel ki joo ma gwoko lutiino ma gi tye ki ic, me nongo ngec ki tic ma kwako dongo pa latin kacel ki jami ma konyo lwak. l tic kacel ki 211 Maine, lugwok ki lumii kony gi twero lok ki Help Me Grow pi kony mukene. Kony me Dongo obi wiinyo, kubu ki joo me ot me nongo kony, ki miiyo kony bot jooma miiyo kony ki joo ma ki cwalo gi iyee.



Joo Gang me Maine

Gang pa Maine obedo dul pa lwak ma gi konyo mon ma gi tye ki ic ki lunyodo ma gi tye ki lutiino ma ki nywalo manyen. Luneno ma gi gwoko dano ki ma gi ngeyo tic maber gubi ribe kwedi me nongo ngec ki jami ma twero konyo yot kom me kom ki cwiny pa latin ni ki joo gang i weny.



onyo goo cim
877-770-8883

Kony ma oyot pi ME, mwaka 0 me oo 3 ki Pwony pa Lwak ma pe ki culu, mwaka 3 me oo 5

Labongo cul mo ki pi dyere labongo dic, cako ki i kare me nywal, Dul Gang kwan me Maine miiyo yub me dongo ki yot kom ki pwony. Kony ma Oyot pi ME, nywal me oo adek, miiyo kony bot joo me ot, yub me dongo pa ngat acel, kony me kwan ki jami mukene. Lutiino matiino, mwaka adek me oo abic, gi nongo kony me kwan ma pe ki culu pi lwak ki kony ma mako dongo pa lutiino (Dongo pa Latin).



Yub me gwoko maber (POSC)

Yub me Gwok Maber me Maine ki yubu i kin dano ma miiyo kony me yot kom, min latin ki/onyo dano mukene ma miiyo kony, ma nyutu teko pa joo me ot ki gin ma gi miito, jami ma konyo gi, ki jami ma ki tiimo me konyo lutiino ki joo me ot ma gi tye ka tic ki yadi ma pi opore. Yub me gwok maber pol kare bedo iye cwalo dano bot dano ma miiyo kony onyo miiyo ngec bot joo me ot pi lubo kor gii.



onyo goo cim
1-800-698-3624

Lutiino ki Bulu ma tye ki Peko me Yot Kom

Lutiino ki Bulu ma tye ki Peko me Yot Kom ma pat tiyo ki joo me ot pa lutiino ki bulu ma tye ki peko me yot kom ma mwaka gi tye piny me 22. CYSHCN twero konyo joo me ot ki dul ma pat pat me nongo jami maber ma lutiino gi miito. Lutig twero telo joo me ot i yoo me yot kom ma rwate, kun gi kube ki yoo me cang ma obi kelo adwogi maber bot latwo.



onyo goo cim
207-624-7991

Wiinye me Miiyo tam bot Lutiino ma

Lungec me ECCP tiyo kacel ki joo me ot, joo ma miiyo kony me gwoko lutiino, ki lupwony me konyo peko me tam pa lutiino ma mwaka gi tye 0 me oo 8 ma tye ki peko me kit me kwo onyo cwiny i gang kwan gi. Kony pa ECCP tye pi kare manok, pi dyere labongo dic, ki me nono.

Me menyo namaa me QR, yab app me camera i cim i ki i ket i kum namaa ma imito menyo ne. Gin ma ki keto i cim obi nen i cim — dii en me lubo me oo l webcite.



Dul man miiyo kare marom bot dano weng.